



Camp MasterChef protocol to Prevent the Spread of Communicable Diseases at Camp

Due to the alarm that the Coronavirus Disease is creating worldwide, Camp MasterChef would like to inform families of the process and actions that we put in place every summer to prevent the spread of communicable diseases at camp.

The more steps that are taken to prevent communicable diseases and illnesses, the stronger the camp's defense system will be. As an accredited camp we are committed with our protocols and processes and we train our staff carefully in order to provide a good service to campers and keep a healthy and safe camp.

Pre-camp:

Parents and staff should be aware that campers and staff are expected to arrive "fit for camp." Communication should be clear, and any unwell campers and staff should be reported to camp if they have fever or any other signs or symptoms of communicable diseases (cough, cold symptoms.)

- Parents need to submit the health history and set up an appointment with the physician to fill out the Physician Examination and immunizations form: These documents should be reviewed yearly.

Staff Arrival Day or Opening Day

Health Screenings are a must at Camp MasterChef! As an accredited camp our nurses will perform a Health Screening on all campers and staff. This screening may include temperature check/assessment as well as screening questions to determine if camper or staff member is healthy and fit for camp.

- If camper or staff are found to be unwell or sick, camper or staff member will be sent home with parents until they are well enough to return with a note from a physician.
- If a camper has a temperature of 100.4 or above, they will not be permitted to stay at camp until they are fever-free for over 24 hours, without medications, no vomiting or diarrhea. A Doctor's note will be required for return to camp.
- If a camper has been in contact with anyone that has helped care for someone suspected or diagnosed with coronavirus or the flu during the last month with no symptoms, please let us know.
- Staff are trained to report sick campers to the Health Center if they are suspicious of an illness sooner rather than later, when possible. If a camper is sick, the nurse will decide if parents need to pick up their kid.
- Local staff will be sent home until well enough to return. For staff that has traveled from overseas or from long distances, they will be kept in quarantine at camp until they have recovered.

Day-to-Day Prevention

Handwashing

Handwashing is one of the best ways to keep your camp safe from communicable illnesses. We have trained our staff about handwashing and hand hygiene. We can help prevent the spread of illness by frequently washing your hands with soap and water for at least 20 seconds. The first thing they learn campers at camp MasterChef is to handwashing with soap before starting cooking.

We also have staff lead campers by example with handwashing:



- After using the bathroom
- Before eating (many camps implement songs or routines to ensure that each camper washes hands before meals.)
- After blowing nose, sneezing or coughing

Cough & Sneeze

- Cough and Sneeze Etiquette: Staff and campers are taught to cough or sneeze into their sleeve and to wash hands afterwards. Tissues are available for blowing noses.
- We discourage campers from touching face: eyes, mouth, and nose. This may be hard with the younger campers, but staff will work hard to encourage and lead by example. Although difficult we will let them know and we continue with good hand hygiene.
- We insist camper not to share their towels.
- We also insist that water bottles should be washed on a regular basis.
- Camp Directors, Head Staff, and Nurses meet daily to review sick campers and staff to monitor patterns of illnesses.

Reach out and Be Informed

- Nurses have access to the Department of Public Health Reportable Disease List and camp must report any disease that may be identified at camp. Our nurses have also access to several Health resources to get information about communicable disease. We also have a doctor to talk to in case we detect symptom or signals of a communicable disease.

As indicated on our Parent Handbook, nurses will contact parents regarding the child's health if:

- The camper requires transportation off site for emergency treatment and/or medical evaluation due to injury
- The camper has a fever
- The camper is confined to the Health Center overnight
- The camper requires appointments with services or physicians outside camp
- The camper requires a new prescription
- The camper is a "frequent visitor" to the Health Center (more than 2 visits about the same issue)

Facilities

We are working with our facilities team to make sure the school is cleaned throughout the day and each evening with hospital grade disinfectant cleaning products.

- Dining services will not have any self-serve areas, e.g. salad bar, cereal station, soup stations. School staff will serve breakfast, lunch and dinner daily to campers.
- Extensive cleaning and sanitation of high-traffic areas (e.g. handrails, doorknobs and dining room tables)
- Comprehensive cleaning of all common spaces and additional disinfection when necessary.
- Additionally, the cafeterias are being cleaned between lunches, including sanitizing tables and checking hand sanitizer stations.
- Clinics at camp are staffed with experienced nurse and stocked with supplies and medications to treat a variety of illnesses.
- Facilities are also making sure that soap dispensers and hand sanitizer stations are full and are repeatedly checking them.